

MARK FRANCIS, ATC

Mark graduated from Lock Haven University in 1969 with a bachelor's degree in Health, Physical Education and Recreation. He received his master's degree from West Chester University in 1975 and his NATA certification in 1978.

Mark taught health and physical education at Conestoga Valley High School (CV) in Lancaster, PA from 1969 to 1999. In addition to teaching physical education, Mark served as a football coach from 1969- 1985, gymnastics coach from 1969-1976 and track coach from 1980-1981. During his time as football coach, Mark recognized an important need to provide better health care services for the players, so he began his athletic training education program.

Mark has been very active in the athletic training profession, serving as a speaker at various sports medicine programs and providing event coverage for many league, district and state events. In 1986, Mark served as strength and conditioning consultant for the Philadelphia Eagles Football Team. While on sabbatical leave from Conestoga Valley in 1987, Mark worked at the Olympic Training Center as an athletic trainer and also served on the athletic training staff for the Pan Am Games. In addition, Mark has served as an athletic trainer for the Big 33 All-Star Football Classic since 1988.

Mark continues to work as an athletic trainer, working part-time for Lancaster Bible College and providing athletic training coverage for many local athletic events. Mark feels extremely fortunate to work in a field that has enabled him to help so many others and has provided so many friendships. He lives in Strasburg, Pennsylvania with his wife Sue.